

DIABETES MELLITUS (MADHUMEHO) IN THAI TRADITIONAL MEDICINE THEORY

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Abstract- This qualitative research aimed to gather information regarding diabetes from a source of primary data, the Royal Book of Medicine, and to obtain expert opinions on the treatment of the disease. Indicated that the genesis of Madhumeho or diabetes was abnormal samha Pitta malfunction. According to the experts, treatment involved a careful analysis of the genesis of samha and Pitta disorders as well as scrupulous consideration of therapeutic approaches to be taken simultaneously, including the consumption of foods suitable and sufficient for one's elements, the intake of the right amount of liquid to reduce thirst, regular exercise, and adequate sleep; the prescription of bitter, neutral, spicy, or fragrant foods and of bitter, intoxicating, spicy, or hot medicines; and the administration of massage, steam, or compression treatment. The present study reveals that expected that the findings can help to build on future research and application in clinical medicine.

Keywords- Diabetes Mellitus, Madhumeho, Thai Traditional Medicine

I. INTRODUCTION

Data from the diabetes / high blood pressure and complications in Thailand. And the Institute for Medical Technology Assessment Department of Medical Services. "Global health statistics reporting year.. 2555 World Health Organization found that one in 10 of the adult diabetes. It is also the key issue of Medicine. Currently, the disease occurs in the present, it is a communicable disease, diabetes (Diabetes Mellitus: DM) is a chronic disease caused by an abnormality in the function of insulin. Or by a deficiency of the pancreas Make metabolic disorder of carbohydrate metabolism. As a result, blood sugar levels rise too high, the kidneys can not store glucose is filtered into the urine. This disease is called Diabetes It also resulted in the burning of fat. And protein abnormalities, together with It may be a factor in many elements of diabetes is dietary. Behavioral Health Care Due to genetics Diagnosis of diabetes is to check blood sugar levels. When the fasting blood glucose test. Measured fasting and not less than 10 hours, if not more than 100 mg / dL. That trend began sugar high if more than 125 mg / dL. Indicates that diabetics In terms of medical treatment in the current plan. Injection therapy There is only one drug to treat diabetes with insulin and pills are effective in stimulating the beta cells of the pancreas to secrete insulin to control blood sugar levels.

Thailand medicine is medicine that is paired with Thailand for a long time, referring to the philosophy of knowledge and practices, to health care and treatment of illnesses of traditional Thailand. Consistent with the culture and way of life in Thailand Thailand. Means the practice of medicine consists of herbal crafts Thailand therapy or use of religious rituals to maintain mental health, maternity care and Thailand. And Homeopathy The

accumulation of experience and a systematic way. By telling observation record appears in the documents. This medicine Thailand to assist in patient care in diseases or conditions by a study of the mechanism of disease causes, processes, procedures, and methods of diagnosis, the treatment and the medicines used to. treatment based medicine theory Thailand. Thailand plans which medical information is not recorded, written and recorded in the Bible, which includes a group of symptoms. Diagnosis Including treatment Thailand, the medicine has been constantly evolving. Cognitive diseases Thailand is the medicine which is particularly interesting for the study and research of documents and texts appear in medical textbooks Thailand plan. The research will also benefit the diabetics and the general public to study treatment. And prevent disease It is also useful for the study of medicine Thailand. To guide the further knowledge in the treatment of diabetes based medicine theory with Thailand.

II. DETAILS EXPERIMENTAL

2.1. Objective

1. To study the presence of the disease / symptoms of diabetes in the country has been saved.
2. To study the principles diabetes medicine.

Benefits are expected to receive.

1. knowledge of traditional medicine in Thailand to understand the basic concepts of the disease. And diabetes treatment based medicine theory Thailand. The individuals or organizations involved to learn and apply.
2. To be the basis for the development of traditional medicine Thailand. It builds on the knowledge of medical diseases or chronic diseases that are more complete.

Scope of Research

This research study A qualitative study The study documents By analyzing synthetic papers According to theoretical concepts related to diabetes medicine Thailand.

By studying the two forms.

1. studies of medicine Thailand.

2. Learn from expert interviews medicine Thailand.

Tools used in research

This research The Qualitative Research (Qualitative Research), the nature of the research paper (Documentary Research).

The main tool used in the research is that the researcher.

Tools of this research The research will be prepared research tools used in this research document. This data is from the source, and the data in the data source, then. Researchers will need tools to help in researching this is more complete. The structure of the information we need by tabulating data analysis to monitor various aspects of the content of the information. Data is split into sections.

2.2 Method

Collection of documents

The retention of documents, texts Information and Related Research. How to divide the work into

1.1 documents, medical textbooks related to diabetes Thailand plans to fully and completely as possible.

How to determine expert

It collects information to use in-depth study with interviews (interview) the interview to delve into the issues that the researcher has compiled a body of knowledge as such. Divided as follows:

The depth interviews (in-depth interview) was interviewed key informants (key informant interview), who have knowledge or information on the subject, the researchers are studying or are involved in the details inside. various contents The people who will be interviewed in depth above the order of 1-3, which is a list of qualified and specialized medicine Thailand. Before inviting the group to keep the ticks. The theoretical knowledge diabetes medicine Thailand.

III RESULTS AND DISCUSSION

RESULTS

The study found that diabetes or a disease or condition that is satisfactory Challenge mode has been found since the modern era. Which appears in the Book Kilimanjaro Manon. The Buddhist scriptures that can be said. The basic theory of medicine Thailand.

Diabetes is a condition / disease phlegm leeway leeway from recurrent obstructive body. The disease is caused by an imbalance. The relationship between the fire element Pitta. System of sputum Aaoptatu

The balance to The use of traditional medicine Thailand can adapt to the development of diabetes. Since there is no symptom onset heavy body weight various subsystems Rembrandt bad flatulence. Until last symptom is kidney excretion of urine to flow to various disabilities.

It's nectar / Diabetes is a disease or syndrome has radically from. Phlegm recurrent disability is caused Pitta slack. Pitta etiology or caused by slack - disability caused sputum relapse.

Symptoms of the disease is the heavy heavy meat listless indolence. A decline of appetite, satiety is often overused. Phlegm (sputum) more Pale white skin Urine, pale stools Sweet mouth feel, often shallow breathing.

Causes phlegm Eat small meals often difficult to drink too sweet - too cold. Nap / sleep at the wrong time Eating often is not time Do not exercise

Treatment Guidelines Eat a sufficient element of their relationship and taste bitter, astringent and spicy Lead avoid sweetened salty water when thirsty. Do not drink too much water in the meals and after meals. Do not drink cold water Regular exercise and adequate Based upon the etiology of sleep

Treatment Guidelines Medicine Thailand is different from modern medicine is medicine to treatment is Thailand. The use of herbal medicines, procedures and behavior modification in the pathogenesis. Is exercise To stimulate Fire And stimulate circulation And the behavior of consumers when sputum relapse, we should eat foods rich in power is spicy to moisten the earth and not a spoiled rotten, and to encourage banks languages Libra has the power to drive. circulatory Rich Dad with ether ether bitter wind and therefore should be consumed. In patients with severe body weight, you should adjust their behavior to consume foods that are bitter to the passage of mucus in the body. And wind energy to power in order to stimulate circulation. Pharmacopoeia, nauseating taste Apo element coordinates or phlegm The flavor is drunk with fire. The medicine is used in Thailand, nauseating taste in solving erectile Division phlegm recurrent disability is used to treat the diabetes. The properties of the drug in the Division coordinates rare etiology expectorants. The dose of medicine in Thailand must be consistent with the diagnosis and analysis of disease mechanisms based on the principle of medicine that deals with Thailand's rare etiology. The pile of earth mounds and mounds of disease etiology, reflecting drug use. Flavor is a medication used to contain a bitter taste. Spicy, peppery and spicy aroma has spread to the wind and the wind piles pile of coarse resolution. Taste and adjust the mount to the etiology of sputum is the circulation of phlegm taste is drunk is feeling like we eat will feel the power of the other side, it was nerve-soothing heat compression. the smooth muscle of blood vessels. It works more quickly than normal, so the flavor is drunk in a pile of sputum. Rich Dad with ether ether bitter wind and therefore should be

consumed. In patients with severe body weight, you should adjust their behavior to consume foods that are bitter to the passage of mucus in the body. And wind energy to power in order to stimulate circulation. Pharmacopoeia, nauseating taste Apo element coordinates or phlegm The flavor is drunk with fire. The medicine is used in Thailand, nauseating taste in solving erectile Division phlegm recurrent disability is used to treat the diabetes. The properties of the drug in the Division coordinates rare etiology expectorants. The dose of medicine in Thailand must be consistent with the diagnosis and analysis of disease mechanisms based on the principle of medicine that deals with Thailand's rare etiology. The pile of earth mounds and mounds of disease etiology, reflecting drug use. Flavor is a medication used to contain a bitter taste. Spicy, peppery and spicy aroma has spread to the wind and the wind piles pile of coarse resolution. Taste and adjust the mount to the etiology of sputum is the circulation of phlegm taste is drunk is feeling like we eat will feel the power of the other side, it was nerve-soothing heat compression. the smooth muscle of blood vessels. It works more quickly than normal, so the flavor is drunk in a pile of sputum. The formula takes into account the organ that nourishes the earth under the etiology of Pitta Pitta Putnam Methodism is the liver. Herbal cure diseases in the Division would have Etearagg Eteaekiid malayemys or bitter herbs Hygaltglb ecstasy into the prison coordinates etiology. It is a great coordinate bachelor's issue of The Putnam Methodism Pitta is the anchor Pipek ginger Plumbago proportion of coordinates anchor Pipek 12 parts ginger 8 Plumbago 4 in coordinates, we need to see how low I diabetes medicine overall weight as much. How The proportion of the drug's capacity to treat the etiology Ehgaerān should take approximately 5-10 percent of the total weight of the drug. In order to maintain the system of the liver varies. In medicine, we may have to solve the system to normal functioning of the liver. In the Putnam Methodism Pitta drug will work to maintain the system of the liver in the region is aggravated Pitta Putnam Methodism. In Putnam Methodism Pitta slack should be the anchor Pipek Plumbago 12 8 4 parts ginger, and the medicine of Thailand plans to take into account the group's poverty Pharmacy. Classified into the category of those. Coordinates are given medicines that have always been part of the recipe. The cure piles and piles of symptoms attributed to the disease. But the drug will help coordinate system or systems. Pictures from the mold at the natural elements and the etiology. But no drug But the drug can be up to as an example. And drug formulations that remove phlegm recurrent or disabled with bitter herbs. According to a theory Then put the herbs in the third division of the drug relative weight in the formulation. The structure of the liver is taking it out on a pile of earth mounds and mounds of disease etiology.

This study is an Quasi – Experimental Research one-group pre-post test. The main aim of this study are Effectiveness of Thai Royal massage in Myofascial Pain Syndrome 's Patients in Professional Experience Center Applied Thai Medicine The sample consists of 30 Thai Royal massage in Myofascial Pain Syndrome 's Patients in Professional Experience Center Applied Thai Medicine. Data collection by interview and measuring flexibility of Myofascial Pain Syndrome 's before and after receiving Thai Royal massage. Data was analyzed by descriptive statistics and Paired – Samples T – Test. The result indicated that : The level of Myofascial Pain Syndrome 's after massage was significantly lower than before massage (P-value <0.001), respectively.

CONCLUSIONS

Discussing the findings

Diabetes is a symptom of an imbalance of water and fire. Pitta is less phlegm and recurrent disability caused Iwata was the passage of the neurological disability. Wind is the meaning of the nervous system, it makes the movement less impacted tea. The mucus clogs the shot-stopper to hold more. Diabetes treatment based medicine Thailand. Of the patients have severe muscle weight. The bottleneck is caused by phlegm. The flow of blood and lymph, not age well. Makes imports of sugar into the cells intact. Or the insulin is not enough to metabolize blood sugar, it is a symptom of sputum relapse. Metabolism is Pitta is fire. At the cellular level is at Putnam Methodism Pitta fire and disabled four stacks, which will change each time the body can be transformed into a fire is lit and another company to replace it all. The system is Putnam Methodism (water in pod) with Putnam Methodism (bile outer sheath. The secretion of hormones, enzymes, co-enzymes, cofactors, metabolic enzymes) caused by fire four squadrons work incomplete. Do not burn completely (as if the water is hot enough to evaporate. The flow of water in a liquid state to a vapor condenses into liquid. Meanwhile, if the power will come back a little water retention, as is characteristic of diabetes. Patients with diabetes is to keep blood and lymph flow smoothly requires stimulation by fire exercise. To improve water metabolism, diabetes is mitigated.

General Feedback

From the study of diabetes (metabolic satisfactory mode) to maintain the principles of this medicine in Thailand. This is beneficial for health promotion and health care in the treatment of diabetic patients. This is a field that aims to help ease the burden of modern medicine. The use of herbal medicines Self-care by Buddhist Thailand, which will allow patients to have better physical health and mental health care constitutes a holistic physical, mental, social. Diabetes Study (nectar Challenge mode) to maintain the principles of this medicine in Thailand. Also, the

study did not cover the contents of the medicine in Thailand, textbooks and papers were secondary in its entirety. It is suggested to conduct research in the future to determine the extent or scope of the study to widen even more. As well as the study of the nature of the symptoms, which can be compared with modern medicine's capital from the analysis. It has the effect of science, it is interesting to study in the future to study medical science to the clinic.

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